

IN THE CLAIMS

This listing of claims replaces all prior versions, and listings, in this application.

Claims 1-8 (canceled)

9. (previously presented) A method for inhibiting the growth of yeasts and for relieving yeast-related symptoms in animals or humans, the method comprising: administering the microbes *Lactobacillus rhamnosus* LGG, ATCC 53103, *Lactobacillus casei* ssp. *rhamnosus* LC705, DSM 7061, and *Propionibacterium freudenreichii* ssp. *shermanii* PJS, DSM 7067 to an individual in need thereof in an amount sufficient to produce the desired effect.

10. (previously presented) The method according to claim 9, wherein the microbes are administered in the form of a product of the food industry or the pharmaceutical industry, a health promoting product, or a natural product containing said microbes.

11. (previously presented) The method according to claim 10, wherein the microbes are administered in the form of a food product containing said microbes.

12. (previously presented) The method according to claim 11, wherein the microbes are administered in the form of a dairy product containing said microbes.

13. (previously presented) The method according to claim 12, wherein the microbes are administered in cheese containing said microbes.

14. (previously presented) The method according to claim 10, wherein the product containing said microbes in addition contains conventional (starter) bacteria.

15. (previously presented) The method according to claim 9, wherein the microbes are administered in the form of a unit dosage form containing the microbes.

16. (previously presented) The method according to claim 15, wherein the microbes are administered in the form of an oral unit dosage form containing the microbes.

17. (previously presented) The method according to claim 16, wherein the oral unit dosage form is a capsule or a tablet containing xylitol in addition to the microbes.